

Bangeston 10 Course Description (meet in London Road trade Park)

Begin on A477 at entrance to London Road Trade Park, proceed East to Carew roundabout, take the second exit and continue East to Sageston Roundabout. Circle the roundabout and retrace route West along A477 towards Pembroke Dock. Finish approximately 50 yards West of the Starting point. **N.B. UPON FINISHING PROCEED TO WATERLOO ROUNDABOUT IN ORDER TO RETURN TO THE START, DO NOT ATTEMPT A DEAD TURN IN THE ROAD.**

